

Week 7 May 14, 2009

<u>First</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Trey	Miller	Mens A	23	10 mile Beg	Pineville	23.08.37	25.93	328.96	4.13
Robert	Kendrick	Mens A 40+		10 mile Beg	Pineville	23.17.19	25.77	319.58	4.44
Rick	Hoffarth	Mens A 40+	51	10 mile Beg	Pineville	24.32.67	24.45	283.21	3.82
Jim	Keffer	Mens A 40+	43	10 mile Beg	Pineville	25.44.92	23.3	245.89	3.5
Scott	Olson	Mens B		10 mile Beg	Pineville	26.32.89	22.6	230	2.98
Melissa	McDonald	Womens B 40+	50	10 mile Beg	Pineville	27.13.74	22.04	206.73	3.3
Randy	Whitt	Mens B 40+	63	10 mile Beg	Pineville	27.44.93	21.62	209.2	2.78

Age Group

Mens A

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Trey	Miller	Mens A	23	10 mile Beg	Pineville	23.08.37	25.93	328.96	4.13

Mens A 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Robert	Kendrick	Mens A 40+		10 mile Beg	Pineville	23.17.19	25.77	319.58	4.44
Rick	Hoffarth	Mens A 40+	51	10 mile Beg	Pineville	24.32.67	24.45	283.21	3.82
Jim	Keffer	Mens A 40+	43	10 mile Beg	Pineville	25.44.92	23.3	245.89	3.5

Mens B

Scott	Olson	Mens B		10 mile Beg	Pineville	26.32.89	22.6	230	2.98
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Mens B 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Randy	Whitt	Mens B 40+	63	10 mile Beg	Pineville	27.44.93	21.62	209.2	2.78

Womens A

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
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Womens A 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Pat	Lapekas	Womens A 40+	49	Pier to Pier	Pineville	27.27.99	21.84	222.08	3.54
Susan	Airheart	Womens A 40+	50	Pier to Pier	Pineville	29.31.35	20.3	178	3.4

Womens B

Womens B 40+