

Week 10 June 28, 2009

<u>First</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Robert	Kendrick	Mens A 40+		Central Park	Pineville	14.24.74	25.11	350.76	5
Jim	Keffer	Mens A 40+	43	Central Park	Pineville	16.32.5	21.88	253.25	3.48
Melissa	McDonald	Womens B 40+		Central Park	Pineville	17.38.75	20.51	216.07	3.43
Randy	Whitt	Mens B 40+	63	Central Park	Pineville	18.07.80	19.96	215.96	2.9
Laura	Gleason	Womens B	38	Central Park	Pineville	18.53.41	19.15	164.06	3.48
Melinda	Presson	Womens A 40+	44	Central Park	Pineville	19.03.58	18.98	183.74	2.5