

Results March 11, 2009

Blue indicates raced again and beat previous time

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Trey	Miller	Mens A	23	CT 6 mile	Uptown	14.49.85	25.08	358.5	4.43
Rick	Hoffarth	Mens A 40+	51	CT 6 mile	Pineville	14.54.85	24.95	343.13	4.8
Eric	Ciminelli	Mens A	15	CT 6 mile	Pineville	16.15.36	22.89	260.95	4.54
Don	Macintyre	Mens A 40+	48	CT 6 mile	Pineville	16.26.46	22.56	262.79	3.75
Paul	Neal	Mens B 40+	60	CT 6 mile	Pineville	16.29.88	22.55	271.62	2.83
Jim	Keffer	Mens A 40+	43	CT 6 mile	Pineville	16.57.25	21.95	246.95	3.39
Lat	Purser	Mens A 40+	50	CT 6 mile	Uptown	17.25.16	21.36	246.69	3.23
Jim	Millikan	Mens B 40+	43	CT 6 mile	Pineville	17.26.53	21.13	269	2.61
Randy	Whitt	Mens B 40+	63	CT 6 mile	Pineville	17.31.68	21.23	229.54	3.05
Tommy	Moore	Mens A 40+	44	CT 6 mile	Pineville	17.35.63	21.15	223.44	3.19
John	Slawter	Mens B 40+	44	CT 6 mile	Pineville	17.37.56	21.11	231	3.03
Melinda	Presson	Womens A 40+	44	CT 6 mile	Pineville	17.43.79	20.74	221.07	3.25
Paul	Palmer	Mens B 40+	43	CT 6 mile	Uptown	17.52.44	20.82	249.65	2.38
Meredith	Moore	Womens A	31	CT 6 mile	Pineville	17.55.52	20.75	200.85	3.45
Melissa	McDonald	Womens B 40+	50	CT 6 mile	Pineville	18.15.77	20.37	208.57	3.16
Pat	Lapekas	Womens A 40+	49	CT 6 mile	Pineville	18.27.18	20.16	200.77	3.2
Laura	Gleason	Womens B	38	CT 6 mile	Pineville	18.54.58	19.85	173.28	3.46
Addy	Albershardt	Womens B	15	CT 6 mile	Uptown	19.01.70	19.55	173.53	3.21
John	Marshall	Mens B 40+	63	CT 6 mile	Pineville	20.34.93	18.08	173.52	2.19

Age Group

Mens A

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Trey	Miller	Men's A	23	CT 6 mile	Uptown	14.49.85	25.08	358.5	4.43
Eric	Ciminelli	Men's A	15	CT 6 mile	Pineville	16.15.36	22.89	260.95	4.54

Mens A 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Rick	Hoffarth	Men's A 40+	51	CT 6 mile	Pineville	14.54.85	24.95	343.13	4.8
Don	Macintyre	Mens A 40+	48	CT 6 mile	Pineville	16.26.46	22.56	262.79	3.75
Jim	Keffer	Men's A 40+	43	CT 6 mile	Pineville	16.57.25	21.95	246.95	3.39

Lat	Purser	Men's A 40+	50	CT 6 mile	Uptown	17.25.16	21.36	246.69	3.23
Tommy	Moore	Men's A 40+	44	CT 6 mile	Pineville	17.35.63	21.15	223.44	3.19

Mens B

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
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Mens B 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Paul	Neal	Men's B 40+	60	CT 6 mile	Pineville	16.29.88	22.55	271.62	2.83
Jim	Millikan	Men's B 40+	43	CT 6 mile	Pineville	17.26.53	21.13	269	2.61
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Paul	Palmer	Men's B 40+	43	CT 6 mile	Uptown	17.52.44	20.82	249.65	2.38
John	Marshall	Mens B 40+	63	CT 6 mile	Pineville	19.34.93	18.5	173.52	2.19

Womens A

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Meredith	Moore	Womens A	31	CT 6 mile	Pineville	17.55.52	20.75	200.85	3.45

Womens A 40+

<u>FirstName</u>	<u>LastName</u>	<u>Classification</u>	<u>Age</u>	<u>Course</u>	<u>Location</u>	<u>Total Time</u>	<u>AVG MPH</u>	<u>AVG Watts</u>	<u>Watts/KG</u>
Melinda	Presson	Womens A 40+	44	CT 6 mile	Pineville	17.43.79	20.74	221.07	3.25
Pat	Lapekas	Women's A 40+	49	CT 6 mile	Pineville	18.27.18	20.16	200.77	3.2

Womens B

Laura	Gleason	Women's B	38	CT 6 mile	Pineville	18.54.58	19.85	173.28	3.46
Addy	Albershardt	Women's B	15	CT 6 mile	Uptown	19.01.70	19.55	173.53	3.21

Womens B 40+

Melissa	McDonald	Womens B 40+	50	CT 6 mile	Pineville	18.15.77	20.37	208.57	3.16
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